

23 January 2025 Receipt: R000014268

Dear all at Wolverhampton Wheelers,

Thank you so much for your kind donation of £325 raised from your incredible fundraising efforts and for kindly choosing The Haven Wolverhampton, a local charity, to receive this donation. Thanks to people like you, The Haven can continue supporting women and children affected by domestic abuse, ensuring their darkest time can be replaced by hope and a new start for 2025. Your donation ensures our vital services such as our 24/7 helpline, emergency accommodation and dedicated children's team can be there for those in a real time of need: offering a friendly voice on a dark night, a warm and safe place to rest and recover, or a dedicated and trained professional to work specifically with young people to overcome complex trauma. We could not do this without you, *thank you*.

In the early months of the year, we are still embracing the dark and cold nights, which, for those living in a domestic abuse household, can feel scary and very isolating. Women and children may not have family and friends that they are able to confide in due to the perpetrator limiting contact with loved ones as part of their controlling behaviour. Fortunately, our helpline and refuge team are available 24 hours a day, 7 days a week for any woman needing support, ensuring we can be that friendly voice on the end of the phone on an unsettling night and, when they are ready to take that brave step, we can provide a safe and secure place for them to stay. This is only possible thanks to *your* support. You help us continue to be there for as many women and children as possible, ensuring they are not alone in their darkest hour and that they can access vital support and security whilst they recover from abuse. Thank you to you all.

Our outreach team can support women in a whole range of circumstances, from those who may be living on their own having already fled an abusive relationship but are still in need of support in coming to terms with their decision, through to those still living with the perpetrator, helping to provide them with a safe escape plan for when they are ready to leave. Our community team ensure that the women we support are safe, have access to vital support and that they always have a shoulder they can lean on in dark times. All our services remain possible thanks to people like you, and we are so grateful.

There is nothing like hearing how much of a difference your support will make than hearing it directly from the women and children we support...

"The Haven <u>literally</u> saved my life and gave me a reason to go on. I have managed to get 2 degrees and I have nearly finished my masters. My children have grown to be wonderful human beings. Thank you."

On behalf of all staff, volunteers, and most importantly, women and children at The Haven, we would like to say **thank you** again for your kindness – it is thanks to people like you that we can continue to be a beacon of hope for those in need.

Yours sincerely

Chloe, Lauren and Anna.